



Northeastern Catholic District School Board
Learn At Home Activities
Junior Students (Grades 4 - 6)

Art

Listen to a song while drawing or painting a picture. How does the song make you feel? How are these feelings depicted in your artwork?

Use a washable marker to draw a few characters on your fingers and thumbs. Make a short puppet show for your family. You can perform it live or record it on a device.

Look around for signs of hope (a bird chirping, tulips sprouting, rainbow). Draw a picture that depicts your favourite sign.

Catholic Faith

Watch and sing along daily. HOPE | Kids Worship Song
https://www.youtube.com/watch?v=r_t5xitQjlc

Make up a dance to go with the song. When ready, perform the dance for family members.

Look out a window and find signs of Hope. Write and describe what you see using several sentences?

Physical Education

If you have been doing the exercises over the last two weeks, add crunches and jumping jacks to the mix now. Do all 6 exercises 3 times this week.

Using a deck of cards (numbered cards only), two people lay down a card and then add or subtract the numbers listed. The winner chooses the exercise for the other person to do.

Go to the following link for a good fitness activity: <https://www.playsport.net/activity/have-you-ever>

Week of April 27 to May 1, 2020